

High-Impact Practices (HIPs) in General Education

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Meet Your Facilitators



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Agenda

- Introductions
- What are HIPs?
- How are HIPs used in General Education?
- What are some examples of HIPs?
- What can you do to implement HIPs in your courses?
- Q&A



Introduce yourselves!

- Type in the chat:
 - Name
 - Your campus unit/department/college
 - What brought you to this webinar?

Today's learning objectives

- Today's session will help you:
 - Define high-impact practices, high engagement experiences, and the HIPs spectrum
 - Identify how HIPs are used within the General Education curriculum at the University of Arizona
 - Examine real-world examples of HIPs within a General Education course
 - Conduct an audit of your course to locate HIP elements



What are HIPs?

HIP Check

Using the zoom poll, tell us how familiar you are with HIPs.

HIPs

Learning experiences known to have educational benefits for students (Kuh, 2008).

Writing-intensive courses

Undergraduate research

Service learning

Learning communities

Internships

First year experiences

ePortfolios

Diversity and global learning

Common intellectual experiences

Collaborative assignments and
projects

Capstone courses and projects

HIP Elements

- Performance expectations set at appropriately high levels
- Significant investment of time and effort over an extended period of time
- Interactions with faculty and peers about substantive matters
- Periodic, structured opportunities to reflect and integrate learning
- Real-world application of learning
- Frequent, timely, and constructive feedback
- Public demonstration of competence
- Experiences with diversity, including engaging with unfamiliar people and circumstances

HEEs and the HIPs Spectrum

High Engagement Experiences: Learning experiences that do not quite have all eight elements of HIPs, but still have some.

Neither HIP nor HEE	HEE	HIP
1-4 HIP elements	5-7 HIP elements	8 HIP elements



How are HIPs used in General Education?

HIPs in General Education



UNIV 101

First year experience focused on reflection and community-building.



Signature Assignments

Opportunities for students to apply their learning to real-world situations and contexts.



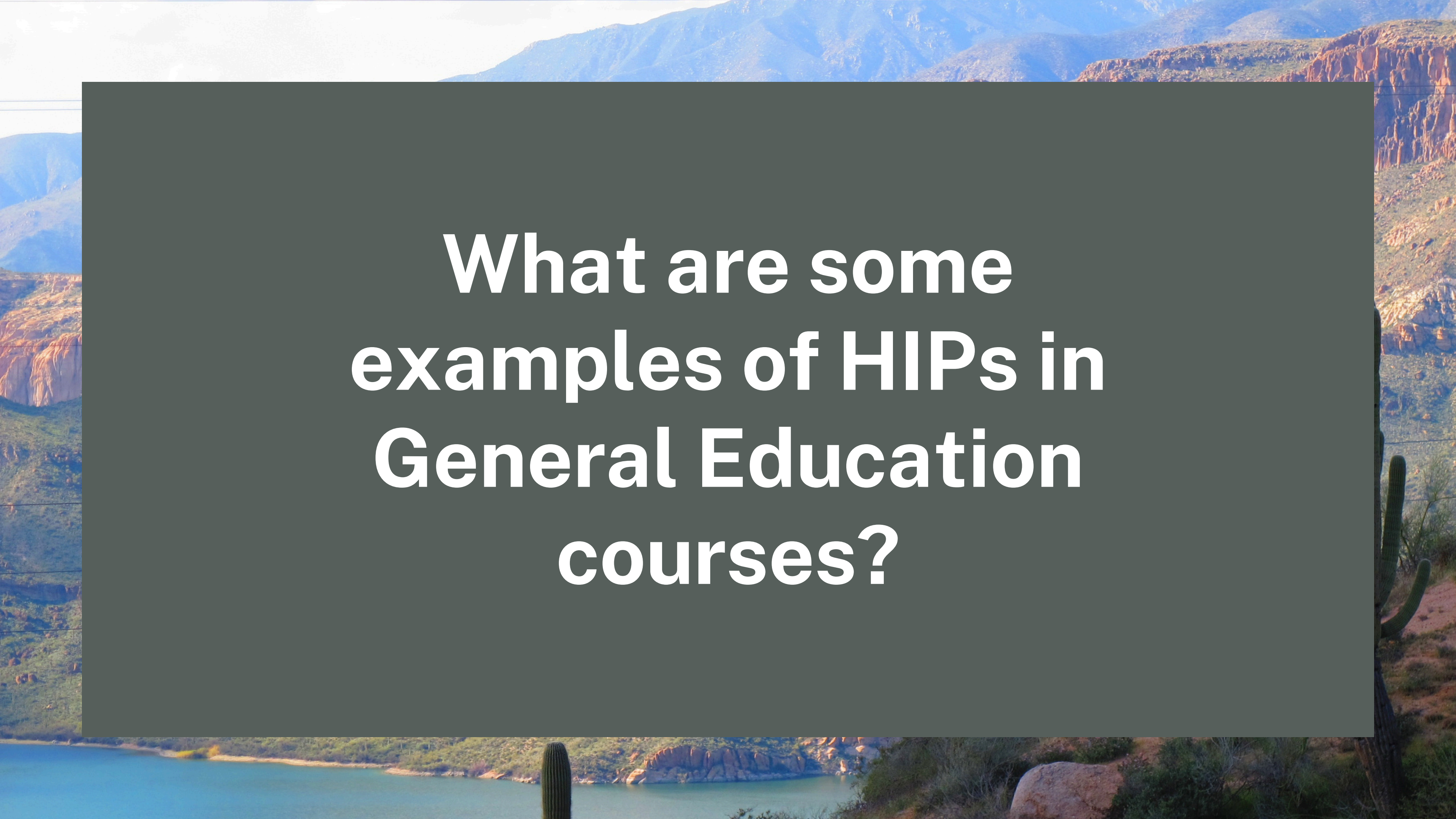
UNIV 301

A culminating experience in which students finalize their **ePortfolios** and reflect on General Education.



Writing Attribute

Opportunities to practice writing in a variety of genres and for a variety of audiences.

A scenic desert landscape featuring a calm blue lake in the foreground, surrounded by green shrubs and cacti. In the background, there are rugged, reddish-brown mountains under a clear sky. A semi-transparent dark grey rectangle is centered over the image, containing white text.

**What are some
examples of HIPs in
General Education
courses?**

PSY 101 In Color

1

Uncovering hidden figures in PSY

Uncovering the hidden voices
and contributions within PSY and
purposely investigating its
foundations

2

From lecture to learning lab

Moving from content delivery
to knowledge discovery and
meaning making through
application labs

3

Applying PSY to the real world

Application of PSY
content to real world
cases and contexts.

4

Collaborative learning models

Focus on learning
through community vs.
siloe experiences

General Introductory PSY 101 Courses

- Research Paper
- Reading quizzes
- Lecture based content delivery
- Dense survey textbooks (approx. 1000 pages)

Auditing Your Course

- What is going on in the course?
- How is the course structured?
- Where are the missed opportunities to enhance the course?
- Where are the intentional spaces to support student learning in meaningful and impactful ways?

Self- Auditing PSY 101

8 Essential Elements of HIPs	Does this occur in my teaching practice?	Evidence in My Teaching Practice	Informal or Formal Implementation
Setting performance expectations at an appropriately high level. <i>(e.g. Rubrics, Upgrading, Specifications Grading)</i>	Unsure/ Maybe ▾		Unsure ▾
Significant time and effort of students over an extended period of time. <i>(e.g. scaffold final project)</i>	Yes ▾	Introduction of the final project during week 8 so as to scaffold the final project due Dec 18th	Informal ▾
Interactions with faculty and peers on substantive matters. <i>(e.g. Peer-reviews, faculty-student 1:1s)</i>	Yes ▾	Students work in pods with the same students during the entire term. This includes labs and group presentations as well.	Informal ▾
Experiences with diversity where students are exposed to different people and circumstances.	Yes ▾	Introduction of diverse perspectives on Psychology and <u>psychologist</u> have been introduced to supplement the foundational ways that PSY 101 has been taught. Students are also asked to reflect on their own use of	Formal ▾ ▾

PSY 101 Shifts

Fall 2025



Pod Groups (Fall 2024)

Rationale: Structure of the room lends itself to group work and cannot be structurally changed because of furniture. Therefore- students will work in groups for PSY 101.



Pod Groups (Fall 2025)

Rationale: Groups provide students an opportunity to work with other students and provide exposure to different perspectives and applications of Psychology. Students are expected to support one another in peer learning and instruction.

Potential Benefits of HIPs

If implemented with quality!
(Kuh, 2008)

1

**Increased retention
and persistence**

2

**Increased sense of
belonging**

3

**Increased
engagement**

Course Audit - You try!

[https://docs.google.com/document/d/1mWsSd_kf0Ji5kkg3bFvFb4E
evtgvik0Bt6pqWzhXDC8/copy](https://docs.google.com/document/d/1mWsSd_kf0Ji5kkg3bFvFb4Eevtgvik0Bt6pqWzhXDC8/copy)

References

Kuh, G. D. (2008). High-impact educational practices: What they are, who has access to them, and why they matter. American Association of Colleges and Universities.

Marten, K., Murphy, D., Kaminski, H., & Dornbush, M. (2025). High-impact practices (HIPs) spectrum: Introducing the high engagement experiences (HEEs) taxonomy. *Journal of the Scholarship of Teaching and Learning*, 25(1), 14-28.

<https://doi.org/10.14434/josotl.v25i1.36024>

A scenic desert landscape featuring a calm blue lake in the foreground, several saguaro cacti, and rugged mountains in the background. A large, semi-transparent dark grey rectangle is centered over the image, serving as a background for the text.

Questions?



Thank you!

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